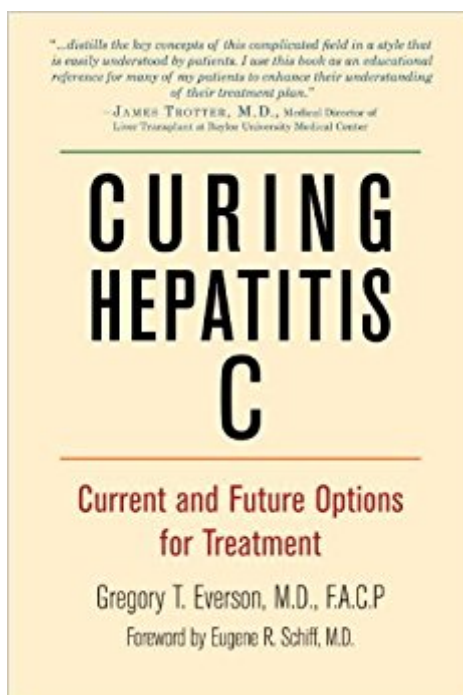


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# Curing Hepatitis C: Current And Future Options For Treatment



## Synopsis

Hepatitis C Doesn't Have to Be a Lifelong Illness Curing Hepatitis C provides the latest information to guide you through the diagnosis and treatment of hepatitis C. If you or a loved one has been diagnosed with hepatitis C, this book provides an indispensable and comprehensive overview of everything you need to know to take the right steps toward a cure. For the nearly 160 million people worldwide and 4 million Americans diagnosed with hepatitis C, there is now hope. Although hepatitis C was once considered incurable, medical and technological innovations have made a cure possible. A new frontier of treatment options has improved upon previous methods by curbing side-effects more effectively and working to eradicate hepatitis C entirely.

Curing Hepatitis C also includes:

- \* Easy-to-understand explanations of the nature of hepatitis C
- \* The revealing truth of misconceptions about hepatitis C
- \* Tips to prevent, diagnose, cope with, and ultimately cure this disease
- \* An overview of types of tests and how to understand your results
- \* Breakthrough treatments and medications for hepatitis C, such as triple therapy
- \* The next generation of treatments including interferon-free regimens, QUAD therapy, host-acting antivirals, and more

Personal anecdotes from those affected by hepatitis C

## Book Information

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## Customer Reviews

"...distills the key concepts of this complicated field in a style that is easily understood by patients. I use this book as an educational reference for many of my patients to enhance their understanding of their treatment plan."

— James Trotter, M.D., Medical Director of Liver Transplant at Baylor University Medical Center

Gregory T. Everson, M.D., F.A.C.P., one of the country's leading hepatologists, is a Professor of Medicine and Director of Hepatology at the University of Colorado School of Medicine. Dr. Everson is a distinguished Fellow of the American College of Physicians and the American Gastroenterology Association.

The book was great reading -- it provided a lot of personal experiences and good information. I would suggest it to others who were searching for information to try and make an informed decision on whether or not to go thru with treatment.

I could have found this info online or at my doctors office what a pip off, this is taking advantage of sick people looking for help.

didn't get a lot of info from this

kinda vague

This book was informative for about the first half but got really technical at the end. Confusing terminology. I really didn't find what I was looking for

I find the book, "Curing hepatitis C," useful, informative, and of extreme value. It filled many gaps in my knowledge. Of particular importance for those considering delaying treatment, because of the promise/hope of future HCV treatments, are the sections on "The future of HCV treatment," and "Re-treatment after prior treatment with direct acting antivirals." While some of the materials on future paths are pure speculation, given that these "future" drugs are in trials, the information is nevertheless timely and important. Of great value was the discussion on the differences between alpha-interferons and lambda-interferons. The distinctions are subtle and not appreciated, I am sure, by most. In the "Acknowledgments" Dr. Everson explained that he included quotes and comments from patients so that the book was more than a series of "dry" facts. To be sure, this text is filled with facts. Important facts for those with HCV, and for their families. The comments and discussion lend a certain human element to the discussion. An important element, in my opinion, if for no other reason than to provide insight into the struggles of patients past, future, and present. The human element adds character to the book. It seems I have considered the end and then the

beginning. That is so because of my intense study of the subject. I have in fact gleaned much of the information contained herein in my education on this disease. I have studied the viral kinetics models for genotypes 1a and 1b for the currently approved triple therapies [see Rong, et al., "Rapid emergence of protease inhibitor resistance in hepatitis C virus," *Sci. Transl. Med.* 2(30) (2010)]. For me the subject of hepatitis C is fascinating, especially because the viral kinetic mathematical models were developed by theoretical physicists. The heart of the book is absolutely consistent with the models, even if those that developed the models lack an appreciation of the dynamics of those that have the disease, the disease of our time, a disease whose moment has come. What I did not appreciate in my study of the mathematical models was the reason to stop treatment at the first appearance of a viral breakthrough, which means the virions have become resistant to the anti-viral drugs. Dr. Everson spelled that out. Essentially the argument is to stop treatment once the virus becomes resistant because it may lead to a particularly virulent strain that accelerates the kinetics, or progression of the disease. This was a "wow" moment. I cannot say this text is complete, but it is important for those who have loved ones with the disease, or are close to someone with the disease, or whom has the disease. But the point is, we all know someone with this disease, and that is what makes this book so important. I highly recommend this text. Zifr, Ph. D. Physicist

Great information for those wondering to do triple therapy or not and facts of true situations experienced by those on treatment. We call it fighting the dragon, for some it has minimal effects and for others many side effects, sometimes the dragon wins and we loose a fellow dragon slayer. Hope this book helps to create an awareness about Hep C and take away the shame and judgement due to ignorance of the illness. Commonly Hep C is thought, that people must be a drug addict, alcoholic or have illicit sex to get the disease and there is much concern on how to contract. It is blood to blood please read the book if you or your loved one has contracted Hep C. Many professionals who never did drugs, drink and have a monogamist relationship contract Hep C, for example Law Enforcement, Medical, Body Art and etc...

I had "cut my teeth" on Dr. Everson's earlier work ("Survivor's Guide for Hepatitis C"), and was thrilled that in this book, he addresses the "newer" treatment protocols as well as touching on research directions. For maximum benefit, readers need to purchase the "Survivor's Guide" for clarification of some of the technical jargon concerning lab tests. The personal "anecdotes" help readers see that there is (finally) hope for more than just surviving---now we can look for a cure! Thanks, Dr. Everson, for giving us a readable "tech support guide" as we battle this virus!

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